

March 2018

SAINT BERNARD'S SCHOOL MENU

LUNCH

Menu items are subject to change without notice
This institution is an equal opportunity provider and employer.

Help Wanted: Nutrition Services is accepting applications for substitutes/part time workers.
Great hours for parents! Contact Nutrition Service Office for more info: 860-253-6509

Monday



Feb. 26: Ballpark Frank

Feb. 27: Chicken Pattie

Oven Crispy Nuggets!
Breaded Chicken Nuggets
Oven Baked French Fries
Whole Wheat Dinner Roll
Corn off the Cob
Choice of Fruit

5

Where's the Beef?
Whole Wheat Bun
Hamburger, American Cheese
Oven Baked Potato Puffs
Honey Baked Beans
Choice of Fruit

6

Chicken Teriyaki Nuggets!
Teriyaki Chicken Nuggets
Oriental Rice
Corn off the Cob
Whole Wheat Dinner Roll
Fortune Cookie Choice of Fruit

12

It's Breakfast for Lunch!
MINI Maple Waffles
Breakfast Sausage Link
Oven Baked Potato Puffs
Cooked Carrots
Choice of Fruit

13

These Dogs are Corny!
Corn Dog (Turkey) Nuggets
Oven Baked French Fries
Corn off the Cob
Whole Wheat Roll
Choice of Fruit

19

Golden Baked Chicken Pattie
Chicken Pattie /Cheese
Whole Wheat Bun
Cooked Carrots
Oven Baked Potato Puffs
Choice of Fruit

20

Ballpark Frank!
Hotdog (Turkey) in a Bun
Oven Baked French Fries
Corn off the Cob
Choice of Fruit

26

Meatball Sub Day!
Meatballs and Sauce
Grinder Roll, Grated Mozzarella Cheese
Oven Baked French Fries
Mixed Vegetables
Choice of Fruit

27

Wednesday

Feb. 28: Pasta Day Your Way!

Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

Pasta Day Your Way!
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

7

Pasta Day Your Way!
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

14

Pasta Day Your Way!
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

21

Pasta Day Your Way!
Pasta Meat Sauce
Tossed Salad with Italian Dressing
Grated Cheese Green Beans
Whole Wheat Dinner Roll
Choice of Fruit

28

Thursday

Meatball Sub Day!
Meatballs and Sauce
Grinder Roll, Grated Mozzarella Cheese
Oven Baked French Fries
Mixed Vegetables
Choice of Fruit

1

Thanksgiving in March!!
Turkey and Gravy
Mashed Potatoes
Sweet Peas
Whole Wheat Dinner Roll
Choice of Fruit

8

It's a Wrap-Mexican Style
Seasoned Chicken Fajita Strips
Shredded Cheddar Cheese, Lettuce Cup
Spicy Salsa Spanish Brown Rice
Refried Beans 100% Juice Sherbet or
Fruit Cup

15

Mexican Taco Salad!
Taco Chips & Taco Meat
Cheddar Cheese Lettuce Cup
Spicy Salsa Spanish Brown Rice
Refried Beans
100% Juice Sherbet or Fruit Cup

22

This Lunch is Twisted!
It's back due to student request!
Big Soft Twisted Pretzel
Stringy Mozzarella Sticks
Oven Baked Potato Puffs
Crunchy Carrots/Hummus
Choice of Fruit

29

Friday

My Fav- Mac and Cheese
Macaroni and Cheese
Sweet Potato Fries
Steamy Broccoli Spears
Whole Wheat Dinner Roll
Choice of Fruit

2

Crisp from the Oven!
Breaded Mozzarella Sticks
Marinara Sauce
Oven Baked French Fries
Steamy Broccoli Spears
Whole Wheat Dinner Roll / Fruit

9

Grilled to Perfection
Grilled Cheese Sandwich
Hot Tomato Soup, Crackers
Steamy Broccoli Spears
Crisp Cucumber Slices
Choice of Fruit

16

The "MAX" Pizza
Cheesy Pizza Square
Oven Baked Potato Puffs
Steamy Broccoli Spears
Choice of Fruit

23

No School! Good Friday!

30

