

## Free Lacrosse Clinic offered at St. Bernard School

A free youth lacrosse clinic, open to the public, will be held at St. Bernard School, 232 Pearl St. in Enfield. The program, available to boys and girls from kindergarten to grade 8, will be held on Saturday, March 24. The only equipment necessary will be a stick. Tennis balls will be used for the day's activities. The clinic will be conducted by JT Galloway, the lacrosse coach at Enfield High School. Coach Galloway, who is interested in beginning a youth lacrosse program in the Town of Enfield, says that it depends on the number of people interested, and their level of commitment. This introductory clinic will emphasize learning stick skills, some basic drills, and team-building exercises. Children will then have the opportunity to continue playing for the new Enfield Youth Lacrosse program, if interested.

The girls' clinic will run from 11:00 to 12:30 and the boys' clinic will run from 12:30 until 2:00. Play will be held in the gym at St. Bernard, or outside on their fields, depending on the weather. Bring footwear for either possibility. **Permission slip is required for participation. See Web Page for link.**

You may e-mail Coach Galloway at [eylcoachgalloway@gmail.com](mailto:eylcoachgalloway@gmail.com) with any questions.

Come be part of something new and exciting!